

**O'ZBEKISTON RESPUBLIKASI OLIY VA O'RTA
MAXSUS TA'LIM VAZIRLIGI**

AL-XORAZMIY NOMIDAGI URGANCH DAVLAT UNIVERSITETI

Texnika fakulteti 202 -BT gurux yo'nalishi talabasi

Yusupova Mehribonning Jismoniy madaniyat va sport fanidan

R E F E R A T

**MAVZU: 1918-48 yillarda O'zbekistonda gimnastikaning
ravnaq topishi**

Topshirdi:  M. Yusupova

Qabul qildi:  H. Bekmanova

Urganch-2016 y

MAVZU: 1918-48 yillarda O'zbekistonda gimnastikaning ravnaq topishi

1. Tarixiy ma'lumotnoma.
2. 1917 yilgacha bo'lgan davrda gimnastika.
3. 1918-1948 yillarda O'zbekistonda gimnastikani rivoj topishi.
4. 1949-1990 yillarda gimnastikachilar erishgan yutuqlar.
5. Mustaqil O'zbekiston Respublikasining gimnastikasi.
6. Institutni bitirgan gimnastlar.
7. Adabiyotlar.

Yetakchi trenerlar va gimnastikachilar bugungi kun yangi sharoitlarida yanada kata, ulkan yutuqlarga erishib kelmoqdalar. O'zbekiston Respublikasi xalqaro maydonga chiqdi. Bu xol o'zbek sportchilariga jahon birinchiligida ishtirok etish imkonini berdi. Jumladan, O'zbekistonlik gimnastikachilar Oksana CHusovitina va Roza Galieva sport gimnastikai bo'yicha jahon birinchiligida ishtirok etib, jahon chempioni unvoniga sazovor bo'ldilar.

G.SHamray va E.Saadiy oltin an'anasini ikkita ajoyib sportchi O.CHusovitina va R.Galieva davom ettirdilar. Ular 1992yilda Barselonada o'tkazilgan Olimpiya o'yinlarida sport gimnastikasi bo'yicha chempionlik shohsupasini egalladilar. SHuningdek, O.CHusovitina astoyidil mashq qilishni davom ettirib, Atlantadagi Olimpiya o'yinlarida qatnashish uchun litsenziya qo'lga kiritdi. 1996yilgi Olimpiya o'yinlarida O.CHusovitina, A.Dzyundzyak va E.Valievlar ishtirok etishdi. O.CHusovitina musobaqalarda ko'pkurash finalida jahonning yuzta kuchli gimnastikachilari orasida 10-o'rinni egalladi. U «Mehnat shuhrati» ordeni bilan treneri S.M.Kuznetsova esa O'zbekiston Respublikasining fahrli yorlig'i bilan taqdirlanishdi.

1994yilda Xirosimada (YAponiya) o'tkazilgan Osiyo o'yinlarida O.CHusovitina sakrash va bruslarda bajariladigan mashqlarda 2ta bronza medalni qo'lga kiritdi.

1998yilda Bankokda o'tkazilgan musobaqalarda E.Gordeeva, A.Dzyundzyak, B.Boyatanova, S.Babaeva, C.Baxritdinova, O.CHusovitina kabi mahoratli gimnastikachi qizlar ishtirok etishdi.

Bugungi kunda malakali murabbiylar: Sarkisov R.G. Sirkin R.S., Olushev A. va boshqalar.

Respublikamizdagi sport murabbiylari malakasini oshirish maqsadida 1998yil sentabrda Toshkentda O'zbekiston milliy tashkiliy qo'mitasi tomonidan halqaro toifadagi gimnastikachilarni tayyorlash mavzusiga bafishlangan seminar o'tkazildi. Unda O'zbekiston MOK prezidenti S.Ro'ziev, O'zbekiston gimnastika federatsiyasining texnik qo'mita raisi S.jKuznetsova va boshqalar ma'ruza bilan chiqdilar. Seminar yakunida uning ishtirokchilariga XOK raisi Xuan Antonio

Samaranch imzosi qo'yilgan sertifikatlar topshirildi. Bundan tashqari gimnastikaning aktual masalalariga barishlangan konferentsiyalar muntazam ravishda o'tkazib turiladi.

2001yilning eng sara gimnastikachilari: V.Ochilova sport ustasi dasturi bo'yicha 1o'rin (murabbiy Nilova O.A.), Ninkova A. – sport ustasi nomzodi dasturi bo'yicha 1o'rin (murabbiy Kuznetsova S.M.), Agafonova YU. 1o'rin, Irazryad (murabbiy F.).

2004yilgi Olimpiya rezervi qatoridan ayollar orasida Ochilova V.Almatova N, Xo'jaeva F, +ambekova A, Nasibulina R, Xabibraxmonova A., Valiev E., Markelova A, Fokin A, Karimjonov A, Asilov R, Xasanov K, Raxmatov I kabi sportchilar o'rin olgan.

O'zbekiston gimnastikachilari barcha halqaro musobaqalarda mustaqil ravishda ishtirok etishmoqda. Jumladan, ular Osiyo o'yinlarida, Sidneyda o'tkazilgan Olimpiya o'yinlarida O.CHusovitina qatnashishdi.

SHu tariqa O'zbekiston gimnastikachilari halqaro musobaqalarda mustaqil ravishda ishtirok etish huquqiga ega bo'ldilar. Bu esa katta ma'suliyat hisoblanadi.

Respublikamizda gimnastikani rivojlantirish borasida gimnastika federatsiyasi katta ishlarni amalga oshirmoqda. O'zbekistonda gimnastika federatsiyasi 60yildan ortiq vaqt davomida SSSR gimnastika federatsiyasi tarkibida faoliyat ko'rsatib kelgan.

1993yilda O'zbekiston Respublikasining mustaqilligi munosabati bilan sport gimnastikasi mustaqil federatsiya sifatida qayd etildi. Xuddi shu yili halqaro gimnastika federatsiyasi (FIJ) a'zoligiga qabul qilindi. SHuni ta'kidlab o'tish kerakki, Barselonadagi V Olimpiya o'yinlarida MDX terma jamoasi tarkibida O'zbekistonlik 2ta gimnastikachi qiz ishtirok etib, mustaqil O'zbekiston uchun dastlabki oltin medallarni qo'lga kiritdilar.

1993 yildan boshlab O'zbekiston sport vakillari barcha halqaro musobaqalarda muvaffaqiyatli ishtirok etib kelmoqdalar.

Jumladan, O.CHusovitina 1993yilda jahon chempionatida, 1994yilda «YAxshi niyat o'yinlari»da va Osiyo o'yinlarida bronza medallarini qo'lga kiritdi. Hammasi bo'lib, bu mohir sportchi 15 medalni qo'lga kiritishga muvaffaq bo'lgan. 1994yilda respublikamiz gimnastika federatsiyasi Osiyo gimnastika assotsiatsiyasi a'zo sifatida qabul qilindi.

1995yil respublika terma jamoasi Sabamdao'tkazilgan jahon chempionatida birinchi bor ishtirok etib, 17o'rinni egalladi va Atlantada Olimpiya o'yinlarida qatnashish uchun 3ta litsenziyani qo'lga kiritdi. Hammasi bo'lib, 1995yilda turli musobaqalarda 10ta medal qo'lga kiritildi.

1996yil sport gimnastikasining 3vakili Atlantadagi Olimpiya o'yinlarida ishtirok etishdi: O.CHusovitina 10 o'rin, A.Dzyundzyak finalga chiqdi, I.Valiev – ishtirokchi.

1997yildan 2000yilgacha bo'lgan davr ichida terma jamoa – 1997yilgi jahon chempionatida (3ta gimnastikachi qiz finalga chiqdi), Osiyo o'yinlarida 1ta kumush medal, Butun jahon o'smirlar o'yinida, 1999yilda jahon chempionatida, Sidneydagi Olimpiya o'yinlarida qatnashdi. SHu davr ichida turli qiymatdagi 16medal qo'lga kiritildi.

1996 yildan boshlab federatsiya tomonidan III o'smirlar razryadidan II kattalar razryadiga bo'lgan majburiy dasturlar, klassifikatsion normativlar ishlab chiqildi va tatbiq etildi. Barcha halqaro qoidalariga muvofiq ravishda o'tkazildi. Olimpiya qo'mitasi bilan birgalikda murabbiylar seminari o'tkazilib, unga halqaro ekspertlar taklif etildi va 35ta murabbiyga halqaro sertifikatlar topshirildi.

Unda gimnastikachi O.CHusovitina, A.Dyundzyak, S.Baxriddinova halqaro gimnastika federatsiyasi tomonidan beriladigan «Jahon toifadagi usta» unvoniga, murabbiy S.M. Kuznetsova Jahon toifadagi trener» unvoniga sazovor bo'lishdi. 1999yilda O'zbekiston gimnastikasi nufuzi tufayli «Olimpiya birdamligi» 50ming dollar qiymatidagi sport anjomlari to'plamini hadya etdi.

Bankokda o'tkazilgan Osiyo gimnastikasi uyushmasi kongressda (1988y.) O'zbekiston federatsiyasining ikki vakili boshqaruv hay'atiga, Kuznetsova S.M. ijroiya qo'mitasiga, Jalnavakova L.D. ayollarning qo'mitasi vitse prezidenti etib saylandilar.

O'zbekiston jamoasi o'z muxlislariga ega bo'lib, ular sevimli gimnastikachilari faoliyatini kuzatib, internet tarmoqi orqali fikr almashadilar, jumladan O'zbekistonga tashrif buyurgan bir guruh muhlislar uchun mo'ljallangan eng so'nggi modeldagi bruslarni hadya etishdi.

Federatsiya vakillari FIJ va Osiyo uyushmasi kongresslarida ishtirok etadilar. Barcha ishlar Respublika Davlat sport qo'mitasi, MOK bilan hamkorlikda olib boriladi.

Muntazam ravishda prezidium yifilishlari o'tkazilib, terma jamoalarni tasdiqlash masalalari, musobaqalarda sportchilar erishadigan natijalar ko'rib chiqiladi, etakchi gimnastlarni halqaro turnirlarda qatnashish uchun mablar ajratuvchi homiylar bilan ish olib boriladi.

Halqaro qoidalarga muvofiq ravishda o'tkaziladi. Olimpiya qo'mitasi bilan birgalikda murabbiylar seminari o'tkazilib, unga halqaro ekspertlar taklif etildi va 35ta murabbiyga halqaro sertifikatlar topshirildi.

Unda gimnastikachi O.CHusovitina, A.Dzyundzyak, S.Baxriddinova halqaro gimnastika federatsiyasi tomonidan beriladigan «Jahon toifadagi usta» unvoniga, murabbiy S.M.Kuznetsova «Jahon toifadagi trener» unvoniga sazovor bo'lishdi. 1999-yilda O'zbekiston gimnastikasi nufuzi tufayli «olimpiya birdamligi» 50ming dollar qiymatidagi sport anjomlari to'plamini hadya etdi.

Bankokda o'tkazilgan Osiyo gimnastikasi uyushmasi kongressda (1998yil) O'zbekiston federatsiyasining ikki vakili boshqaruv hay'atiga, Kuznetsova S.M. ijroiya qo'mitaasiga, Jalnavakova L.D. ayollarning qo'mitasi vitse prezidenti etib saylandilar.

O'zbekiston jamoasi o'z muhlislariga ega bo'lib, ular sevimli gimnastikachilari faoliyatini kuzatib, internet tarmoqi orqali fikr almashdilar, jumladan O'zbekistonga tashrif buyurgan bir guruh muhlislar uchun mo'ljallangan eng so'nggi modeldagi bruslarni hadya etishdi.

Federatsiya vakillari FIJ va Osiyo kongresslarida ishtirok etadilar. Barcha ishlar Respublika Davlat sport qo'mitasi MOK bilan hamkorlikda olib boriladi. Muntazam ravishda prezidium yifilishlari o'tkazilib, ularda terma jamoalarni tasdiqlash masalalari, musobaqalarda sportchilar erishadigan natijalar ko'rib chiqiladi, etakchi gimnastlarni halqaro turnirlarda qatnashish uchun mablar ajratuvchi homiylar bilan ish olib boriladi.

SHu tariqa bugungi kunda Respublikamizda ommaviy sport harakatini rivojlantirish borasida katta ishlar amalga oshirilmoqda.

Oktabr inqilobigacha O'zbekiston qoloq o'lka bo'lib, aholi orasida 100ta kishidan 2tasigina savodli bo'lgan, xolos. Jismoniy madaniyat va sport tushunchalari o'fir yashash sharoitlar, qiyin mehnat, turli kasalliklardan qiynalib ketgan avom xalq uchun butunlay yod edi. Bugungi kunda esa O'zbekistonda 6mln.ga yaqin kishi jismoniy

madaniyat bilan shufullanadi. Respublikada 40mingga yaqin stadionlar, sportmaydonchalari va zallari, yuzlab zamonaviy o'yingoxlar va basseynlar mavjud.

Mahoratli gimnastikachilar O.CHusovitina, N.Dzyundzyak va trener Svetlana Mixaylovna Kuznetsova o'zbek gimnastikasi maktabining boy an'alarini davom ettirmoqdalar. Ulardan oldin esa V.Vnuchkov, G.V.Petrov, V.F.Aksenov, Z.M.Bondarenko, Kurlyand, R.K. Sarkisov kabi sportchilar O'zbekistonda matonatli mehnat qildilar.

Bo'lib o'tgan musbaqalar orasida tarixiy va betakror ahamiyatga ega bo'lgan anjumanlar bordir. Ularni yodga olish maqsadga muvofiq bo'lar edi. Chunki bunda o'zbek gimnastikasi maktabi erishgan yutuqlar o'z aksini topgandir.

O'zbekiston gimnastikasi tarixi zarvaraqlarida ushbu go'zal sport turiga o'z umrlarini bahshida etgan, hali ko'plab ajoyib insonlar (trenerlar, sportchilar, tashkilotchilar) hayoti va faoliyati haqida hikoyat qilish mumkin.

O'zbekiston Respublikasi chempionlari

Yillar	Yigitlar	Qizlar
1990	Galimov R.	Xaydarova Z.
1991	Zalyadskiy B.	Aybinder O.
1992	Badurov A.	Pankova I.
1993	Galimov R.	Ninkova S.
1994	Mamadaliyev SH.	Dzyundzyak A.
1995	Ilyashenko A.	Bayatanova B.
1996	Kurbonboev T.	Dzyundzyak A.
1997	Kurbonboev T.	Baxriddinova S.
1998	Valeev I.	Baxriddinova S.
1999	Valeev I.	Gordeeva A.
2000	Valeev I.	CHusovitina O.
2001	Valeev I.	CHusovitina O.
2002	Fokin A.	CHusovitina O.

1	Kondrateva Valentina Ilichna
2	Muxamedova Gulnora Umarovna
3	Makarova Elvira Sergeevna
4	Nurmatova Lidiya Isakovna
5	Savchenko Lyubov Petrovna
6	Tixinova Svetlana Alekseevna
7	Xalmuratova Eleonora Ashurovna
8	TSvetova Lidiya Mixaylovna
9	YUnusov To'iqin Tadjievich
10	Ganiev Salavat Kurbanovich
11	Stepanyants Robert

	Borisovich
12	Ten Nikolay Borisovich
13	Ten Boris Alekseevich
14	Xankeldiev Sher Xakimovich
15	Chenkaev Orif
16	Mansurov Malik Rasulovich
17	Giyazov Irkin Abbasovich
18	Atabaev Maxmud Tursunovich
19	Anarbaev Tursunali
20	SHushlebin Vladimir Vasilevich

1961

1.	Diomidov Aleksandr Viktorovich
2.	Ibragimov Gali Axmedovich
3.	Skryabnev Robert Viktorovich
4.	Turaev Axmadjon
5.	Kambarov Raxmat
6.	Zolotov Gennadiy Andreev
7.	Korotkov Vyacheslav Anatolevich
8.	Grishaeva Alla Vasilevna

9.	Bezlepkina Alla Semenovna
10.	Muxamedov Vilyams Umarovich
11.	Kurbanov Rajabboy
12.	Voynirovskiy Semen Romanovich
13.	Astratenko Oleg Aleksandrovich
14.	Bondarenko Zinaida Mixaylovna

1963

1.	Orlovskiy Vladimir Solomonovich
2.	SHutova Galina Filippovna
3.	Nenyukova Tamara

	Georgievna
4.	Drachenko Aleksandr Vasilevich
5.	Mamashev Ravil

	Abduraxmanovich
6.	Mirzadjanov Utkur Abdualilovich
7.	Xodjaev Paxriddin
8.	SHegay Anatoliy Mixaylovich
9.	SHepotkin Gennadiy Vladimirovich
10.	Raxmanov Djamal Ado'lovich

11.	Xodjaev SHavkat Gulomovich
12.	Isyanov Rashid Zinurovich
13.	Kopiltsova Natalya
14.	Fomenko Aleksandr
15.	Fokanova Svetlana
16.	Melentev Vadim Borisovich

1964

1.	Jeyko Rimma Aleksandrovna
2.	Potapova Larisa Mixaylovna
3.	Repnikova Lyubov Mixaylovna
4.	Stepanova Galina Vasilevna
5.	Ten Antonina Sergeevna
6.	Volfman Emanuel Samoylovich
7.	Babich Roza Gennatullaevna
8.	Asaturyan Rafael Sarkisovich
9.	Sarkisov Robert Geramovich
10.	Ganiev Raim
11.	Grudin Viktor Artemovich
12.	Elizarov Aleksandr Viktorovich
13.	Esikova Galina Ivanovna
14.	Ismailova Nilyufar Axmedovna
15.	Ismailov Muxammadjon
16.	Kulakov Valeriy Aleksandrovich
17.	Karshibaev Kabil
18.	Milto Vyacheslav Zaxarovich
19.	Mixeev Arsentiy Sergeevich
20.	Obidov Ayub
21.	Orlovskiy Valeriy Igorevich
22.	To'ncherova Tamara Galievna
23.	Frolova Majarova Lidiya
24.	Frid Tatyana Andreevna
25.	SHapilov Anatoliy Petrovich
26.	YUldashev Karim Kayumovich

27.	YUgay David Alekseevich
28.	Mazur Anatoliy Pavlovich
29.	Moskovtsev YUriy Petrovich
30.	Ivliev Vladimir Dmitrievich
31.	Melentev Vadim Borisovich

1965

1.	Aitniyazov Avezxon
2.	Artikov Davlat Ashurovich
3.	Astanin Nikolay Nazarovich
4.	Gelfenbeyn Vladimir Froymovich
5.	Zdutov YUriy Konstantinovich

6.	Lebedev Nikolay Ivanovich
7.	Pain Evgeniy Aleksandrovich
8.	Petrov Igor Viktorovich
9.	Starikov Igor Aleksandrovich

1969

1.	Satanina Lyudmila Vasilevna
2.	Mokrousova Tatyana Aleksandrovna
3.	SHerbakova Tatyana
4.	Desyatnichenko Zoya
5.	SHexova Lyuba
6.	Umarov Mars Narzievich
7.	Viner Irina Aleksandrovna
8.	Kalutskiy Aleksandr
9.	Avanesov Aleksandr
10.	Lyubanova Evgeniya

11.	Rjanikova Nina Vladimirovna
12.	Kiseleva Lyubov
13.	Galimov Erik
14.	Lato'sheva Olga Leonidovna

1970

1.	Kunafin Abdurashid Gangievich
2.	Buranshev Anvar Axmadievich
3.	Muxamatulin Mingarif Ubaydullaevich
4.	Dmitryuk Rimma

13.	Saidov Mirvasil Agzamovich
14.	Sarjanov Tursinxan Kudaykulovich
15.	Fayziev Irasbay
16.	Xamidov Ibadulla
17.	Xolmatov Nurmuxammad
18.	SHonazarov Tilovkobil

5.	Mirzadjonov Baxodir
6.	Karamushka Alevtina
7.	Kim Raisa
8.	Kogay Fedor Minaevich
9.	Moskovtsev Vladimir Petrovich
10.	Muxtarov Saydilla Ziyaevich
11.	Manaenkova Natalya Ivanovna
12.	Savinova Lolita Mixaylovna

19.	Fedyukov YUriy
20.	Efimenko Aleksandr Ivanovich
21.	Emirov Enver Memetovich
22.	Vladikin Valeriy YUoevich
23.	Gostev Eduard Valentinovich
24.	Kopilevich Valeriya Pavlovna
25.	Achilov Akmal Aksimovich

26.	Aydinova Natalya Grigorevna
27.	Popova Lidiya Petrovna
28.	Kormushin Vladimir Nikolaevich
29.	Obuxov Evgeniy Ivanovich
30.	Islamov Erkin Kuchkarovich
31.	Strelchik Oleg Fedorovich

32.	Lenev Nikolay Anatolevich
33.	Bekina Tamar Vasilevna
34.	Panin Aleksandr Borisovich
35.	Kalislavov Vladimir
36.	Orlova Lyubov
37.	Vyaltsev Aleksandr
38.	YAkubdjanov Axmat

1971

1.	SHadilov Lidiya Petrovna
2.	SHevchenko Valentina

1975

1.	Kolesnichenko Viktor Nikolaevich
2.	Lependina Natalya Aleksandrovna
3.	Zakirov Mansurov Salikovich
4.	Kro'mov Aleksey Anatolevich
5.	Kado'rova Nailya
6.	Kro'mova Nadejda Leontevna
7.	Ponamareva Lidiya Mixaylovna

8.	Pomortseva Natalya Andreevna
9.	SHexova Anna Nikolaevna
10.	Fisher Nellya
11.	CHernoprudova Natalya Evgenevna
12.	CHernoprudov Gennadiy Petrovich
13.	Xarchenko Svetlana
14.	Firsova Natalya Mixaylovna

1976

1.	Lomov Nikolay Nikolaevich
2.	YUgay Viktor Lazarevich
3.	Useinov Enver Djalilevich
4.	Deydey Sergey Vladimirovich
5.	Zaxarova Vera Nikolaevna
6.	Karaboeva Xalida Xakimovna
7.	Kiyamova Roza Burganovna
8.	Kostyuchenko Olga Petrovna
9.	Leshina Lyubov Viktorovna
10.	Mazitov Emir Xamzievich

11.	Muxamedov Yakub Izmailovich
12.	Ten Roman Tonchunovich
13.	Rozenberg Iosif Abramovich
14.	Sachkova Svetlana Viktorovna
15.	Titeev Rustam Saidovich
16.	Maltseva Svetlana Mixaylovna

1979

1.	Allayarova Svetlana Rafkatovna
2.	Belkina Vera Vladimirovna
3.	Berezina Vera Vladimirovna
4.	Kim Lyusya Vasilevna
5.	Kleber Galina Muxamedovna
6.	Korajakova Elena Borisovna
7.	Kuvaytsev Vyacheslav Alekseevich
8.	Marto'nova Irina Mixaylovna
9.	Muxaryamov Albert Ibragimovich
10.	Nuridinova Faliya Mavlievna
11.	Nuritdinov Anvar Axmatvalievich

12.	Ryaskina Evgeniya Olegovna
13.	Samigulov Ildar Kiyamutdinovich
14.	Sapa Nadejda Petrovna
15.	Svechnikov YUriy Viktorovich
16.	Teshaboev Melijan Xudayberdievich
17.	Feldman Semen Davidovich
18.	Xalmuratov Abdurauf YUsupovich
19.	YUreva Tatyana Arkadevna
20.	YAkubov Igor Arkadevich
21.	Yax'yaeva Galla Evgenevna

1980

1.	Alekseeva Natalya Aleksandrovna
2.	Aliev Farix Izetovich
3.	Burxanov Saidaxror Kaso'movich
4.	Voyakov Vladimir Evgenevich
5.	Galiulina Rumiya Temirbaevna
6.	Kamilova Svetlana Arnoldovna
7.	Kasparyan Grigoriy Sergeevich
8.	Kirshenberg Marina Borisovna
9.	Kozlovskaya Marina Valentinovna

10.	Mingaliev Marsel Masnoevich
11.	Naginalyuk Svetlana Afanasevna
12.	Olushev Anatoliy Sergeevich
13.	Raximov Inam SHaripovich
14.	Rustamov Dilshod Anarbekovich
15.	Xabirov Rafik Rafaelevich
16.	SHaulov Konstantin Eduardovich
17.	SHapina Svetlana Viktorovna
18.	YAkubov Gayrat Zuxritdinovich

1982

1.	Neshinkina Natalya Aleksandrovna
2.	Baxteeva Venera Avdatovna
3.	Burnes Lyubov Anatolevna
4.	Galiulina Dilyara

	Maksimovna
5.	Zaytsev Oleg Vladimirovich
6.	Kado'rov Alim Gafurovich
7.	Maksudov Toxir Xaydarovich

8.	Pyatigorskaya Alla Arkadevna
9.	Radcheno Vera Nikolaevna
10.	Sapso'zbaev Murat Tultaevich

11.	Stefanchikova Natalya Alekseevna
12.	Xatamov Abdunabi Abduraximovich

1983

1.	Borisova Tatyana Vladimirovna
2.	Galiev Ramis Raisovich
3.	Gorskaya Irina Mixaylovna
4.	Demkina Olga Ivanovna
5.	Kasheva Oksana Leonidovna
6.	Kurbanov Oleg Eduardovich
7.	Mushxodjaev Kobil Kurbanovich
8.	Margovskaya Marina
9.	Mustafina Olga Anatolevna

10.	Nikolaev Vladimir Ivanovich
11.	To'chinin Sergey Viktorovich
12.	Fomina elena YUrevna
13.	Xasanov Rafail Ravilevich
14.	Xodjaev Sirojiddin Gulyamovich
15.	SHastina Galina Nikolaevna
16.	SHatskix larisa Ivanovna

1984

1.	Xalo'gova Larisa Ilinichna
2.	Arjakova Tatyana Viktorovna
3.	Axmedova Zuxra Ergashevna
4.	Babo'shova Olga Gennadevna
5.	Ganieva Gulnora Raximovna
6.	Ibyadullin Oleg Mitrievich
7.	Kamalova Rozaliya Abduraximovna
8.	Suraykina Elena Viktorovna
9.	Tochilin Aleksandr

	Evgenevich
10.	Tuxtarov Albert SHamilevich
11.	Umerov Rifat Parikovich
12.	Fazo'lova Edale Sadirdinovna
13.	Farxullin Ilgiz Mirsaetovich
14.	Eminov Abduvali Abduxatovich
15.	Sergeeva Elena Vladimirovna

1985

1.	Ayrapetov Samson Gumbertovich
----	----------------------------------

2.	Galiulin Damir Maksimovich
3.	Gafarova Fazilya

	Xamzaevna
4.	Isyanova Elvira Rashidovna
5.	Nikanorov Konstantin Nikolaevich
6.	Nilov Andrey Aleksandrovich
7.	Panferova Irina Anatolevna
8.	Prismotrova Lyubov

	YUrevna
9.	Sabirzyanova Vinera Gumarovna
10	Tashkenbaev Murot Irkinovich
11	YUgay Nikolay Borisovich

1986

1.	Temirbaeva Fazila SHarifullaevna
2.	Tvorjkov Andrey Gennadevich
3.	Tolmanova Larisa YUrevna
4.	Xayrulina Elena Melsovna
5.	SHparaga Elena Svetoslavovna
6.	YUldasheva Olga Djuraevna

1988

1.	Kulkova Irina Valerevna
2.	Azimuratov Ravil Xakimzyanovich
3.	Apet Alina Ivanovna
4.	Axtyaliv Radik Midxatovich
5.	Diarov Arkadiy Eduardovich
6.	Izbasarova Lidiya Aleksandrovna
7.	Kandaurova Natalya Vasilevna
8.	Katkova Marina Petrovna
9.	Mingalev Aleksandr

	YUrevich
10.	Marokvskaya Svetlana Ivanovna
11.	Pervo'x Natalya Valentinovna
12.	SHibleva tatyana Mixaylovna
13.	SHmalko Svetlana YUrevna
14.	YAblonskaya Olga YUrevna

1989

1.	Baymatova Ilmira Yusupbaevna
2.	Baymatova Delmira

7.	Lozova Lyudmila Vladimirovna
8.	Penkov Igor Ivanovich

	YUsupbaevna
3.	Butaev Mixail Gennadevich
4.	Galimova Venera Rimovna
5.	Kambarova Regina Albertovna
6.	Karimova Galina Anatolevna
12.	kasheva Svetlana Georgievna

9.	Rojkova Svetlana Vladimirovna
10.	YUrevichute Vita Mindauchavna
11.	Derevyankina Svetlana Mixaylovna

1990

1.	Akopyants Akop Sarkisovich
2.	Ametova Natalya Nikolaevna
3.	anisimova Nejje Muzekirovna
4.	Boldareva Angelina Vadimovna
5.	Buylova Svetlana Vladimirovna
6.	Valisheva Ravilya Xamzanovna
7.	Gaynulov Marsel Ilgizovna
8.	Denisenko Marina Vladimirovna
9.	Evtifeeva Lyudmila Ivanovna
10.	Efimenko Irina Vladimirovna
11.	Ziyaev Urak Abdulkaso'movich
12.	Kiyamova Nelya Esxatovna
13.	Nilova Olga Aleksandrovna
14.	Osokina Nadejda Nikolaevna
15.	Saydeulina Liliya Fatixovna

16.	YUldasheva Klara Tuygunovna
17.	Ustinova Inna Vasilevna
18.	Vasilevskaya Irina Pavlova
19.	Vyaltseva Sonya Gennadevna
20.	Zarukyan Irina Artemovna
21.	Kim Anjelika Ivanovna
22.	Krujalina Irina Borisovna
23.	Lizunova Irina Borisovna
24.	Lixovtseva Inna Valerevna
25.	Malinina Irina Valerevna
26.	Semyonova Svetlana Vasilevna
27.	CHeryazova Lina Anatolevna
28.	SHukina Irina YUrevna
29.	YAdgarova Natalya Anvarovna
30.	YAkubova Zarina YUsufovna

1993

1.	YAkubova Nailya Xarasovna
2.	Bukanova Iva Borisovna

3.	Ishmuxamedova Damirovna	Gulya
4.	Gaziev Aleksandr	
5.	Tupitsin Sergey	

1994

1.	TSvetkovkaya Elena Alekseevna	
2.	SHvetsova Lyubov Pavlovna	
3.	Babakulov Erkin Muxtarovich	
4.	Turkova Layli Faridovna	
5.	Karabaev Kairgoli Kabulovich	
6.	Ablyatifov Murat SHonazarovich	
7.	Rizakulov Sobir Melikulovich	
8.	Axadov Utkir Odilovich	
9.	Raximov Nuriddin Ergashbaevich	
10.	Meliev Baxtiyor Tullaevich	
11.	Jonqobilov O'ktam Azamovich	
12.	Levochkina Elena Alekseevna	
13.	Sadriddinov Ildus Axatovich	
14.	Bobkov Aleksandr Vitalevich	
15.	Aliev Nurmamat Tursunovich	
16.	YOqubjonov Axmatjanovich	Asatulla
17.	Gataulin Alisher Irikovich	

1997

1.	Tadjibaeva Visola Sagdullaevna
2.	Kim Tatyana Eduardovna
3.	Ivankova Tatyana Valerevna
4.	Djuraev Ilxom Isomitdinovich
5.	Xidirbaev Muzaffar Gilmurzaevich
6.	Musurmonov Mirzayor Abdiazizovich

7.	Xudoyshukurov Xayit Xanazarovich
8.	Pulatova Umida Nuritdinovna
9.	Karimov Zafarjon Muxamadjonovich
10.	Akramov Ulufbek Egamberdievich

1998

1.	Kuryazov Jasur Xudarganovich
2.	Tadjiev Orif Xurramovich
3.	Slobodova Olga Aleksandrovna
4.	Astaf'eva Elena Vladimirovna
5.	Belik Dmitriy Nikolaevich
6.	CHenokaeva Lyutsiya YAlkinovna
7.	Pulatova Oksana Gafurovna
8.	Panishina Olga

1999

1.	Usmanov Sunatulla Xamidovich
----	---------------------------------

2.	Mamanov Alisher Gadaymuradovich
----	------------------------------------

3.	Abidov Rustam Abdubositovich
4.	Pak Nikolay Anatolevich
5.	Nikitina Ekaterina Aleksandrovna
6.	Mamataliev Oybek Salijanovich
7.	Tojiboev Dilshod

	Islomboevich
8.	Sattarov SHerali Otakulovich
9.	Abdreeva Nellya SHamilevna
10.	Alekseeva Tatyana Viktorovna

2000

1.	Milberger Natalya Nishanovna
2.	Deryabina Svetlana Vyacheslavovna
3.	Akramov Farxod Batirovich
4.	Rodimtseva YULiya Aleksandrovna
5.	SHodmonov Jamshid +odirovich

6.	Bayatanova Botako'z Kenesbaevna
7.	Klubnikina Olga YUrevna
8.	Umrzakov SHerzod Xolmuratovich
9.	SHAipov Damir Rafikovich

2001

1.	Galiulina Rumiya Temirbaevna
2.	Solomoxin Aleksandr Aleksandrovich
3.	Boyarkina Anastasiya Vyacheslavovna
4.	Ishtaev Dilshod Rovshanbekovich
5.	Musin Eldar Rustamovich

Adabiyotlar.

1. Efimenko A.I. Karimov M.K. Sbornik mater. Konf. Tashkent 2000g.
2. Karimov M. Sbornik Mater Tashkent 1999g.
3. Karimov M.K. Jismoniy tarbiya, sport va ma'naviyat. Ilmiy amal . anjuman . Toshkent 1995yil.
4. Karimov M.K. To'ychiev Z.U. Sbornik mater. Konf. Tashkent 2000yg.
5. Kratkaya programma prepodavaniya fizicheskogo vospitaniya v I va II klassax pyatiletnix shkol. Otdel vseobuch. pri ferobl. – voenkom. Fergana 1920g. 1s.
6. Ostroumov N. Istoricheskiy ocherk narodnogo obrazovaniya v gorodax i ukrepleniyaх So'rdainskoy i Turkestanskoy oblasti. 1860 po 1867g. Tashkent 1881g.
7. Otchet o sostoyanii Tashkentskoy gimnazii za 1892- 93, uch.god Tashkent 1894g.
8. Otchet o sostoyanii mujskoy gimnazii za 1893- 94, 1897-98 uch god. Tashkent 1898g.
9. Prikaz po Narkomprosu UzSSR № 1274 ot 21 noyabrya 1942g. Arxiv Minprosa UzSSR.
10. Trud pervogo Turkestanskogo s'ezda prepodavateley srednix uchebnix zavedeniy Tashkent 1913g.
11. Ustav obhestva lyubiteley gimnastiki i fizicheskix uprajneniy v g.Tashkent. Tashkent 1904g.
12. «Fizkulturnik Uzbekistana» gazeta 1962g.31dek.
13. «Fizkulturnik Uzbekistana» gazeta 1962g.5dek.
14. Fizicheskaya kultura i sport v Uzbekistane. Peridicheskaya pechat N.V. Zisman i YU.SHolomitskiy Tashkent 1963g.
15. TSGA UzSSR F. 34. ot 1d. 912 №53
16. Istoriya razvitiya gimnastiki v Uzbekistane. Tashkent 2001g.

