



Food

Classification of Fruits:

- **Drupes**: Has one LARE PIT or seed and grows on trees.
- **EXAMPLES**: Apricot, Cherry, Nectarine, Peach
- **Pomes**: Has a CORE hat contains seeds and grows on trees.
- **EXAMPLES**: Apple, Pear
- **Citrus Fruit**: Has a leathery skin, many segments filled with juicy pellets, and grows on trees.
- **EXAMPLES**: Grapefruit, Lemon, Lime, Orange



Berries: Small, juicy fruits that contain many tiny seeds.

EXAMPLES: *Blackberry, Blueberry, Cranberry, Grape, Raspberry, Strawberry*



Melons: Large, moist fruits that grow on vines and contain seeds, have a thick skin that may be rough or smooth.

EXAMPLES: *Cantaloupe, Casaba, Honeydew, Watermelon*



Tropical fruits: Grows only in warm sunny climates.

EXAMPLES: *Avocado, Banana, Coconut, Guava, Kiwi, Mango, Pineapple*



Classification of Vegetables:

Bulbs: The underground structure where the plant's nutrient reserves are stored. Round bud with a stem and overlapping leaves.

EXAMPLES: *Chive, Garlic, Leek, Onion, Shallot*



Flower: The blooms or flower buds of edible plants eaten as vegetables.

EXEAMPLES: *Artichoke, Broccoli, Cauliflower*



Fruit: Contains the seeds of the vegetables

EXAMPLES: *Cucumber, Eggplant, Pepper, Squash, Tomato*



LEAVES: Leaves of edible plants consumed as vegetables.

EXAMPLES: *Brussel sprouts, Cabbage, Lettuce, Kale, Spinach*



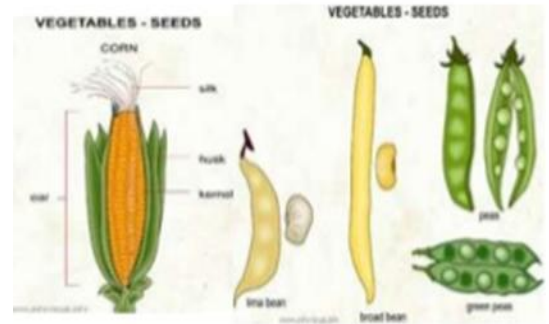
ROOT: The fleshy roots of edible plants consumed as vegetables.

EXAMPLES: *Beets, Carrots, Jicama, Parsnips, Turnip*



SEEDS: Vegetables grown and eaten from seeds.

EXAMPLES: *Corn, Green Beans, Pea*



STEM: Edible stalk and leaves of plants consumed as vegetables.

EXAMPLES: *Asparagus, Bok Choy, Celery, Rhubarb*



TUBER: Grown underground.

EXAMPLES: *Potatoes*



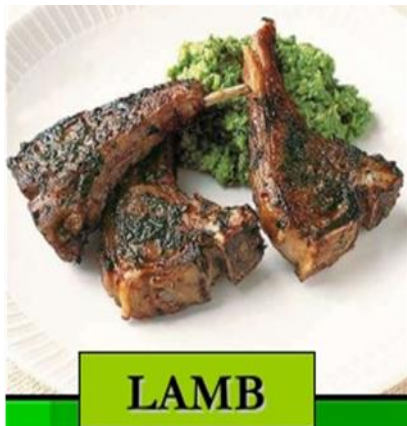
MEATS



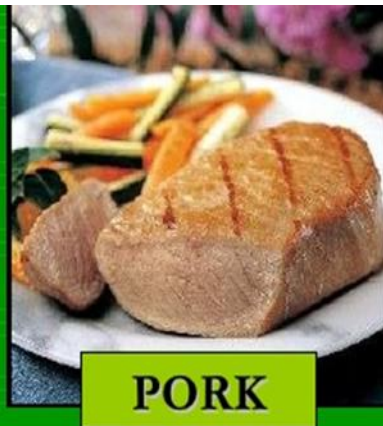
CHICKEN



STEAK



LAMB



PORK



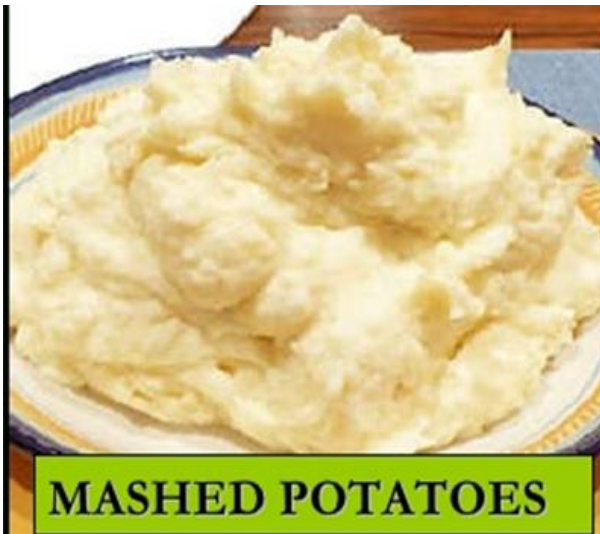
NUGGETS



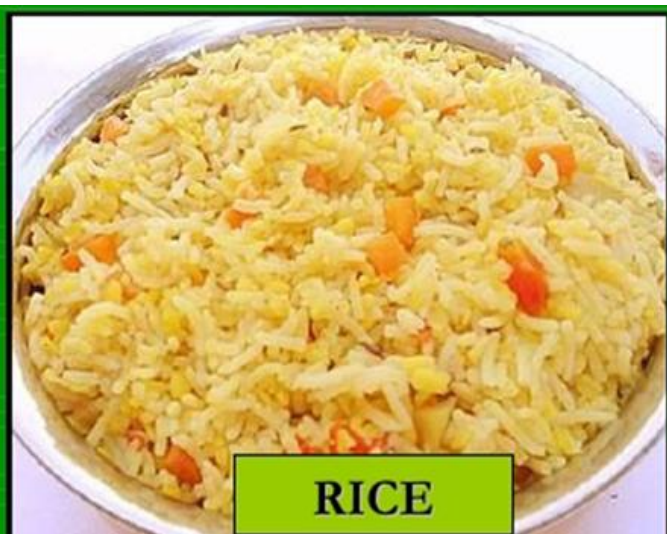
FRENCH FRIES



BAKED POTATOES



MASHED POTATOES



RICE

DRINKS



JUICE



ICED TEA



SODAS



WINE



BEER



COFFEE



HOT CHOCOLATE

SEAFOOD



FISH



SHRIMPS

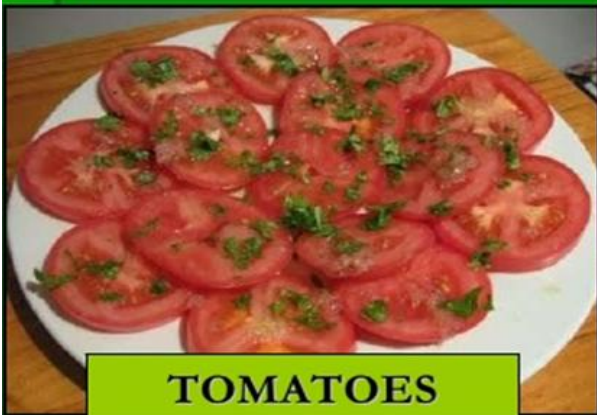
SALADS



BROCCOLI



CAULIFLOWER



TOMATOES



LETTUCE

Healthy food

Chicken salad

Soup



DESSERTS



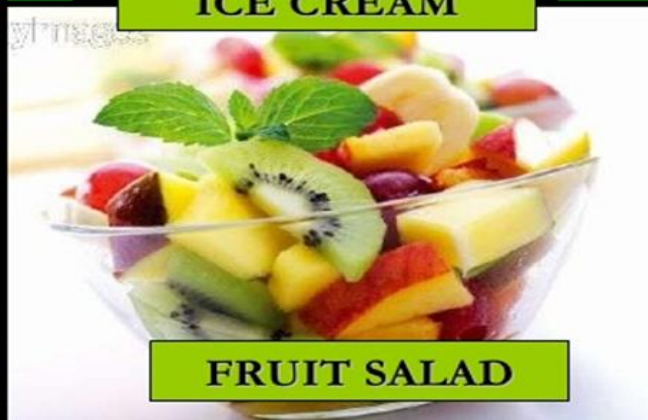
CHOCOLATE CAKE



ICE CREAM



CHEESECAKE



FRUIT SALAD

LET`S GO TO A RESTAURANT?

Waiter

- Good evening, Sir/Madam.
- Table for 2?
- Come this way.
- Here you are.
- Would you like something to drink?

Customers

- Good evening!
- Yes please.
- Can we have a menu please?
- Two glasses of red wine, please.

Ordering the food

Waiter

- Here are your drinks.
- Are you ready to order?
- Would you like anything else?
- Enjoy your drinks.

Customer 1

- Yes, I'll have tomato soup to start. Then fish and chips and salad.

Customer 2

- And I'd like prawn cocktail to start. Then roast beef and vegetables.
- That's all thank you.